

With the energy of a teenager, the wisdom of a sage, and the memory of a super hero, Marilu Henner has deservedly earned the nickname “Perpetual Motion.” Along with starring in over thirty films, six Broadway shows, and two hit classic sitcoms, Taxi and Evening Shade, this five-time Golden Globe Nominee is also a New York Times Bestselling author of nine books on health, parenting, memory and lifestyle improvement. Her books, including the recent New York Times bestseller Total Memory Makeover, have changed the lives of millions in her quest to make the world a healthier place.

As one of only twelve people documented with Highly Superior Autobiographical Memory, Marilu was the subject of a three-part special on 60 Minutes, as well as news programs and newspaper articles around the globe. She also serves as the consultant on the CBS series Unforgettable, which premiered in the fall of 2011 and is currently in its third season in 2014.

Currently hosting her own nationally syndicated radio show, The Marilu Henner Show, Marilu has previously hosted and executive produced two talk shows (Marilu and Shape Up Your Life), and has guest-starred on every major talk show, earning her the title “Talk Show Guest of the Year” several years in a row. As a two-time competitor on Donald Trump’s Celebrity Apprentice (Season 7, 2008) and Celebrity Apprentice All-Stars (Season 13, 2013), Marilu made it to the Final Five.

Her acting career continues to thrive as Marilu recently appeared in the finale of Two and a Half Men (playing Ashton Kutcher’s love interest!), in a recurring role on the Golden Globe winning sitcom with Andy Samberg, Brooklyn Nine-Nine, and as Robin William’s ex-wife and Sarah Michelle Gellar’s mother on the season finale of The Crazy Ones. She recently appeared in the feature film Vamps and in three holiday movies, Hitched for the Holidays and June In January on the Hallmark Channel and High School Holiday Reunion on Lifetime.

Marilu has spoken before Congress on seven occasions on various subjects from dietary supplements, to women’s cardiovascular disease, to The Child Nutrition Reauthorization Act of 2010, to the Veggie Caucus, to deadbeat parents, and she was one of only a few private citizens selected to contribute to the shaping of our government’s food pyramid. In January of 2014, she again faced Congress to present healthy dietary guidelines for part of the 2015 Dietary Guidelines for Americans.

Marilu Henner is married to Michael Brown, CEO of Browntrout Publishers, and is the busy mother of two college boys, Nick and Joey.